

# OMS LUNCH MENU: September 2024

Homemade Pizza Every Day! 30c

Milk Offered at every meal

Whole Grain Bread - 11g and Buns - 20g

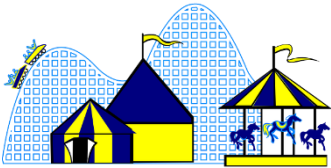
Chocolate Milk 25 gr. – White Milk 13 gr.

\* Thursday's Taco salad - 18c

Menu is Subject to Change.

All carbs are per serving 1/2c.

"This institution is an equal opportunity provider" BREAKFAST IS SERVED DAILY FROM 7:30 - 7:45am.



Mon. 2	Tues. 3	Wed. 4	Thurs. 5	Fri. 6
<b>Cereal/yogurt/juice</b>	<b>Hot breakfast</b>	<b>Grain/muffin</b>	<b>Hot breakfast</b>	<b>Cereal/cheese stick</b>
NO SCHOOL – LABOR DAY	General TSO'S over Rice - 52 Popcorn Chicken - 17 Broccoli - 6 Mandarin Oranges - 20	Yogurt Parfait - 51 Hot Dog - 21 Green Beans - 3 Peaches - 19	Mini Corn Dogs - 23 Spaghetti w/meat - 50 Baked Beans - 18 Applesauce - 21 *Cookie - 17	Philly Sub - 10 Cheeseburger - 34 California blend - 6 Side Kick - 21 Banana - 6
Mon. Sept. 9	Tues. 10	Wed. 11	Thurs. 12	Frid.13
<b>Cereal/yogurt/juice</b>	<b>Hot breakfast</b>	<b>Grain/muffin</b>	<b>Hot breakfast</b>	<b>Cereal/cheese stick</b>
NO SCHOOL – FAIR DAY	Chicken Parmesan with spaghetti - 60 Chicken Patty - 42 Corn - 13 Mandarin Oranges - 20	Cheese Ravioli - 33 Mozzarella sticks/sauce - 48 Green Beans - 3 Peaches - 19	Chicken Fajita - 25 Chicken Fingers - 15 Refried Beans - 18 Apple Slices - 21	Mac & Cheese - 45 Corn bread - 25 Chicken Patty - 42 Corn - 13 Pineapple - 10.5 *Apple crisp
Mon. 16	17	18	19	20
<b>Cereal/yogurt/juice</b>	<b>Hot breakfast</b>	<b>Grain/muffin</b>	<b>Hot breakfast</b>	<b>Cereal/cheese stick</b>
Grilled cheese - 25 Tomato soup - 19 BBQ pulled Pork - 31 California blend - 6 Pears - 19.5	Mini Corn Dogs - 23 Chicken Bowl - 73 Corn - 13 Mandarin Oranges - 20 *Cookie - 17	Bosco's Sticks - 60 Ham / Cheese sub - 26 Green Beans - 3 Peaches - 19	Soft Taco - 25 Chicken Tenders - 18 Baked Beans - 18 Applesauce - 21	Hot Dogs - 21 Cheeseburger - 34 Cold Carrots/dip - 13 Pineapple - 18 Potato Chips - 23
Mon. 23	Tues. 24	Wed. 25	Thurs. 26	27
<b>Cereal/yogurt/juice</b>	<b>Hot breakfast</b>	<b>Grain/muffin</b>	<b>Hot breakfast</b>	<b>Cereal/cheese stick</b>
Meatball Sub - 25 Chicken Tenders - 17 Broccoli - 6 Pears - 19.5	Sloppy Nachos - 25 Chicken Fajita - 25 Corn - 13 Mandarin Oranges - 20	Baked Potato - 37 BBQ Rib - 33 California Blend - 6 Peaches - 19	Hot dog - 21 Mac & Cheese - 45 Cornbread - 20 Refried Beans - 18 Applesauce - 21 *Brownie - 17	Buffalo or regular chicken wrap - 41 Green Beans - 3 Pineapple - 18
Mon. 30				
<b>Cereal/yogurt/juice</b>				
Walking taco - 50 Chicken patty - 42 California blend - 6 Pears - 19.5				