




O.H.S Lunch Menu **October 2024**

Homemade Pizza Every day! 30 grams
 Fresh Fruit & Veggies, Romaine/Lettuce, Bread & Milk Available Daily
 Chocolate Milk 25 grams White Milk 13 grams
 Whole Grain Buns 23 grams
Menu is Subject to Change



	Tues. 1	Wed. 2	Thurs. 3	Fri. 4
	Taco Salad Bar- 25 Popcorn Chicken- 18 Sloppy Joe- 23 Corn -18 Peaches -18	Bosco Sticks -30 Pizza Burger -35 Chef Salad -3 Carrots- 6 Pears- 19 Apple Crisp- 21	Chicken Patty-42 Walking Taco -35 Chef Salad -3 Refried Beans -18 Strawberries- 38	Salad Bar- 8 Fish Sandwich- 52 BBQ Pork Sand.- 25 Broccoli -4.5 Tropical Fruit -21
	<i>Pepperoni or Sausage Pizza</i>	<i>Sausage, Egg & Cheese Sandwich</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Filled Bagel</i>
Mon. 7	Tues. 8	Wed. 9	Thurs. 10	Fri. 11
Chicken Patty -42 Loaded Potatoes -40 Chef Salad -3 Baked Beans- 19 Peaches-18	Potato Bar-27 Philly Steak- 35 Popcorn Chicken- 18 Chef Salad-3 California Blend -6 Applesauce -21	Chicken Parmesan Sand-35 Mini Corndogs- 23 Chef Salad -3 Green Beans- 3 Mandarin Oranges-20 Rice Crispy Treat- 50	General Tso's w/ Rice-52 Cheeseburger- 34 Chef Salad -3 Broccoli -4.5 Pineapple- 10	Salad Bar- 8 BBQ Rib- 23 Pizza Burger -35 Corn-18 Pears- 19
<i>Toast Sticks & Sausage</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Sausage, Egg & Cheese Sandwich</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Pancake/ Sausage on a Stick</i>
Mon. 14	Tues. 15	Wed. 16	Thurs. 17	Fri. 18 NO SCHOOL
Macaroni & Cheese -45 Cornbread -11 BBQ Pork/bun -33 Chef Salad -3 Green Beans -3 Pineapple -10.5	Burrito Bowl Bar Chicken -72 Taco- 74 Chef Salad- 3 Refried Beans -18 Mandarin Oranges -20	Chicken Bacon Ranch Flatbread- 30 Spicy Chicken Patty- 42 Chef Salad -3 Broccoli- 4.5 Side Kick- 21	Bacon Cheeseburger-34 Chicken Strips- 10 Chef Salad -3 Sweet Potato Fries- 24 Applesauce Cup- 17 Cookie-17	
<i>Toast Sticks & Sausage</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Sausage, Egg & Cheese Sandwich</i>	<i>Pepperoni or Sausage Pizza</i>	
Mon. 21	Tues. 22	Wed. 23	Thurs. 24	Fri. 25
OHS Chicken Bowl -73 Mini Corn Dog -23 Chef Salad -3 Carrots- 6 Tropical Fruit -21	Taco Salad Bar- 25 Popcorn Chicken- 18 Philly Steak- 35 Corn-18 Pears- 19	Bosco Sticks -30 Pizza Burger -35 Chef Salad -3 Green Beans -3 Strawberries- 38 Pumpkin Dessert-50	Grilled Cheese -25 Tomato Soup -19 Chicken Strips- 10 Chef Salad- 3 Broccoli- 4.5 Peaches-18	Salad Bar- 8 Hot dog -23 BBQ Rib -23 Refried Beans -18 Mandarin Oranges -20
<i>Toast Sticks & Sausage</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Sausage, Egg & Cheese Sandwich</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Filled Bagel</i>
Mon. 28	Tues. 29	Wed. 30	Thurs. 31	
Sloppy Nachos- 25 Chicken Strips -10 Chicken Strip Salad- 18 California Blend- 6 Pineapple -10.5	Soup & Salad Bar- 4 Meatball Sub.-23 Hamburger- 34 Diced Sweet Potatoes- 30 Pears- 19	Rotini-48 Chicken Patty-42 Chef Salad- 3 Green Beans- 3 Peaches- 18 Apple Crisp- 21	Chicken Strip Wraps-23 Mini Corn Dogs- Chef Salad- 3 Broccoli- 4.5 Tropical Fruit- 2' 	
<i>Toast Sticks & Sausage</i>	<i>Pepperoni or Sausage Pizza</i>	<i>Sausage, Egg & Cheese Sandwich</i>	<i>Pepperoni or Sausage Pizza</i>	

"This institution is an equal opportunity provider"

Breakfast is free or reduced with a free or reduced application
 Student Breakfast \$1.50, reduced 30¢

Breakfast is served daily from 7:10- 7:30 am
 Student lunch \$3.00, reduced 40¢; Adult Lunch \$4.00